



**IMPORTANT DATES FOR YOUR CALENDAR**

Take note of these important 2020 dates. Changes will be made as new information is received.

- Mar 18 Executive Meeting - **CANCELLED**
- Mar 18 Chorus Rehearsal - **CANCELLED**
- Mar 28 Chorus Coaching with Jay Althof - **CANCELLED & WILL BE RESCHEDULED**

**Upcoming Performances:**

- May 30 Chorus performance in Gimli (afternoon/evening)

**Inside this issue:**

**PAST, PRESENT & FUTURE**

Please send any information for publication to Krista by **Saturday noon** at:

[kristahanisgervais@gmail.com](mailto:kristahanisgervais@gmail.com)

Thanks, Krista ☺



**QUOTES 4 U**

Shared by Les Creek

*"To sing a song without emotion is just organized noise."*

- Deke Sharon

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# NO REHEARSAL ON MARCH 18 - BUT KEEP SINGING!

From Paul Bullock

The Executive has decided to **cancel this week's rehearsal** to comply with the province's recommendations for limiting the spread of COVID-19.

Please note, this will be reassessed in a week's time to determine whether it needs to continue and for what period of time. The situation is changing very rapidly. New information will be sent to members as soon as decisions are made. Other implications for rehearsal cancellation will be assessed on an ongoing basis.

If you have any questions, please direct them to Paul ([prof.p.bullock@gmail.com](mailto:prof.p.bullock@gmail.com)).

Here is a link to information from Manitoba Health: <https://www.gov.mb.ca/health/coronavirus/>

## Strategies for all Manitobans:

- Minimize prolonged (more than 10 minutes), close (less than two meters / six feet) contact between other individuals in public
- Avoid greetings that involve touching such as handshakes
- Disinfect frequently used surfaces
- Follow public health advice related to self-monitoring and self-isolation if you have travelled or have been exposed to someone ill with the virus
- Consider avoiding travel, crowded places and events, especially if you are at higher risk (e.g. seniors and those with underlying medical conditions)
- Cancel or postpone any large-scale events with more than 250 attendees (this will help reduce prolonged (more than 10 minutes), close (less than two meters) contact between other individuals in public)

**PLEASE KEEP SINGING.** We all share a love of singing and we all know that it's enjoyable and therapeutic. So use your time on Wednesday to practice the chorus songs. It will not only help us in our learning but also contribute to our personal health and well-being.

## MARCH 28 COACHING SESSION TO BE RESCHEDULED

From Paul Bullock

We just received a message from Jay Althof saying that, given the situation, he thought it is best to cancel his trip and look for a future time for the coaching session.

Please take the Saturday, March 28 chorus coaching session off your calendar. We will reschedule for a later date when we know it will be safe to do so.

# AT-HOME PRACTICE OF REPERTOIRE

From Duncan Zaluski

March 18 rehearsal may have been cancelled but, that doesn't mean we can't practice....

One of the things planned for March 18 was to introduce: "**Hello Mary Lou**", this is a song we're looking to perform at the end of May. Learning Tracks & Music are on the website. Please take the opportunity to go over it a few times (or More) in preparation of the next rehearsal.

The next song planned to be introduced after that is: "**He's Got the Whole World in His Hands**", followed by: "**Fun in Just One Lifetime**" music & tracks are on the website.

If everyone works on their music between now and next rehearsal, the song(s) will come together faster.

Originally scheduled for March 18: "**Blue Moon(s)**", "**Dream Lover**" and "**Under the Boardwalk**".

As well as "**O Canada**" and "**Irish Blessing**".

If you look at the March 11 rehearsal schedule and review all the songs listed there, it will go a long way into maintaining performance readiness.

## OVERTONES (OR WELCOMED EXTRA VOICES) AN ATTEMPT TO EXPLAIN USING RELATABLE TERMS

From Duncan Zaluski

Many of you have heard in the last few weeks the mention of "Overtones" and may be wondering what exactly they are, well here is a definition:

*An **overtone** is a partial (a "partial wave" or "constituent frequency") that can be either a harmonic partial (a harmonic) other than the fundamental, or an in harmonic partial. A harmonic frequency is an integer multiple of the fundamental frequency.*

Ok, but what does that mean?

Well, I'm going to use math to try to explain (sorry)...

We all know the multiplication tables of 2, 3, 4 and 6, and if we look closely, we notice that the 4 is also contained in the 2, and the 6 is also contained in the 3.

So just like when our kids (grandkids) are working on their 2's they (without knowing it) are also producing the 4's.

Overtones is kind of like that, when you are singing one note you are also producing parts of another. But it gets better...

When you look at 2, 3, 4 & 6 you can also get 12, 24 and others, so 12 has parts of 2, 3, 4 & 6...

What does all this mean?

When 4 voices sing their notes with all the proper vocal techniques our directors have been teaching us, we can (and have) produce a 5<sup>th</sup> note, which usually sounds like an extra voice above the tenors.

So, if the bases are 2 and singing well, they produce 2 (4) (6) 8 10 {12}

And if the baritones are 3, they would produce 3 (6) 9 {12}

The leads would be 4 and produce 4 8 {12}

And the tenors would be 6 producing 6 {12}



So you see, in this example the bases are producing parts of the lead (4) & tenor (6) note, the baritones also producing part of the tenor (6) note but all 4 parts are producing enough so that the 12 would also be heard which is the overtone, and if everyone does incredibly well, the 24 may also get produced.

This is just a generalization; I find too much discussion about frequency and wave lengths make my head hertz....

## **AMENDMENT: GETTING TO KNOW ... HENRY GRAHAM**

From Krista Hanis-Gervais

In last week's Notes 4 U we got to read all about Henry Graham through his story for "Getting to Know You"... well, *most* of Henry's story. I received Henry's article from Brian Metcalfe, who very carefully checks over every detail while formatting, and his articles come to me flawless. However, Henry sent over to me a few additional photos of him and his wife Kathy at Grand Canyon, and they were just so great that they *had* to be included! When I reformatted Henry's article, to include the additional photos, I made the mistake of not transferring over the paragraphs completely, and didn't catch the mistake before distributing the newsletter. Please forgive my "human error". Brian has kindly reformatted Henry's story, and we are providing you all with the *full story* in this week's newsletter.

# GETTING TO KNOW ... HENRY GRAHAM

I grew up in the small Western Manitoba village of Binscarth, a population of 500 people and rich history in recreational hockey, and Manitoba Senior A baseball team the Binscarth Orioles and provincial champions in 1973, with NHL goalie Ron Lowe as our 1st baseman, and a home grown pitcher Garth Nevelle who played on Team Canada during the Pan AM games. Ron Lowe was a Toronto Maple Leafs goalie, who also established a summer power skating clinic in Foxwarren for players looking to develop their mobility and learn what it takes to become and NHL caliber player. His helper at these clinics was Butch Goring from the New York Islanders.

Binscarth had another part of Manitoba History attached to the town, In 1964, the year I was born, Binscarth residents narrowly defeated (by ten votes) a proposal to rename itself Seekaywye, after the Winnipeg radio station CKY. If successful, the station would have promoted Binscarth/Seekaywye as a vacation resort. CKY also offered the same deal to La Riviere, Manitoba, who also said no.

For many years, the radio frequency of CKY 580 was remembered in local business names such as the 580 Hotel and 580 Plumbing and Heating. Today Binscarth is known for its Olympic sized heated outdoor pool and recreational park.



My father, and his brother, grew up in Foxwarren, and worked on the family farm. Dad's career choice was medicine, however, he was drafted into Canadian Armed Forces mid term, leaving his brother to run the farm. Dad wanted to become a pilot in the airforce, however, each time he tried to promote himself, they kept referring to his near perfect scores in navigation and thus stationed him back in Winnipeg to become a navigator trainer for the allied British Commonwealth Air Training program at 17 Wing. He graduated his class, then the War ended. Part of the training included bombing runs, which were simulated by attaching a camera onto the bottom of the plane and by sticking to a specific elevation, the camera captured 1 square mile photos of land sections. These images were later used by Natural Resources to accurately provide topical maps of Manitoba. His final military duty was granted to him by his grandson who had his granddad pin his wing on his uniform at his Navigation graduation ceremony.

After flying troops back home, he switched from medicine to working in road construction and in 1953 acquired his own equipment to start his own business with his brother, and together they successfully established many of the northern Manitoba roads we enjoy today. But after all his equipment was destroyed by a fire, the company dissolved and dad once again returned to philanthropy work (was once a Grand Master Mason) and farming. All was set for many years till I turned 5 and everything changed. Dad was asked by the local dentist to assist him in his campaign to represent Birtle Russell constituency in the upcoming election. Dad agreed to help and the dentist managed to convince a young upstart to move to Russell to take over his practice.



The new dentist changed his mind to stay as the tools he was working with were left handed and he was not. So, with the challenge of establishing a left handed dentist willing move to rural Manitoba, resulted in dad switching positions, and he successfully won a Provincial seat in 1969. He went on to serve in Government for 11 years with four of them as Speaker. Part of this honour includes having a self portrait painting hang along the hallway walls of the Legislature.

As a child in a small town, play consisted of corralling your friends, riding bicycles around town, the valley, Binscarth pool, or Siver Creek or the Assiniboine River (a 6 mile bike ride), with gear in tow. Never really thought much about what we would do with the fish if we caught some, but that never happened at the river. At least not with my friends anyway. In the winter, farmers would donate their time and knowledge of our Canadian winter past time sport to help bring hockey into our lives. They would drive us in small groups from town to town for games, and even billet us in Saskatchewan

communities over a weekend tournament which was a memorable experience. We even had a team from Winnipeg come to Russell to play in their tournament, with some players staying at my house. A few years later, I rode

a Greyhound bus to Winnipeg to visit them at theirs. Upon high school graduation, I moved to Winnipeg permanently. I stayed with my dad in his apartment for two years attending and graduating from Red River College with a Computer Technology diploma. Spent a few more years as a single bachelor living with my manager from Radio Shack who, eventually became my match maker. He, along with his girlfriend introduced me to my lovely wife, whom in June of this year will have enjoyed 30 years of marriage together. We have three wonderful boys, 35 yrs, 28 yrs, and 25 years respectively. Currently all are home, but the eldest, a trained Forrest Ranger and Wildlife preservation officer, returns to his post at Grasslands National Park in March.

Watching your kids grow up can be rewarding, but helping them grow through volunteering is a much greater reward. I am proud to have coached all my boys in baseball, helped as a leader in Scouts Canada being a part of their beaver and cub scout experience (10+ years), and even tried to be a part of their tackle football (bad move on my part – no clue on what I was doing, but trying to learn).

As is the case for everyone there are ups and downs in life, my wife is a breast cancer survivor, and I am still learning how to manage the changes that continues to bring. To aid in recovery we acquired a dog to share walks, and common ground in working together, when little is as it was, and you come to accept that you cannot fix this.

My working life began in sales, and, due to things both in and not in my control, a career change resulted in me taking the path of my grandfather and I began a new career in carpentry as I felt I needed a retirement plan that allowed me to control my retirement income through being my own boss in something I liked doing. After one year apprenticing with MJ Carpentry, the work slowed and his cabinet supplier took me on to apprentice in cabinetmaking. I am now a journeyman Cabinetmaker, with a diverse skill set in both construction and finish work.



Other jobs I have held in my decorated resume include, Roadshow Sound DJ, CFRW Radio audio operator, computer specialist, professional sales associate, and network administrator for a Provincial Government point of service revenue collections software program. Additionally, I have been a hospitality solutions sales, dealer sales representative, and production manager.

Personal recreational sports included, hockey, curling, golf, and in Winnipeg, beer league baseball, touch football, Shaw Spotlight camera, and audio capture study and work, and River City Sound.

In summary, I enjoy helping people to a fault, laughing, playing, teaching, and now singing. I am a self taught troubleshooter, but know when to call in the experts when I am not equipped both mechanically or when I would be in over my head. I strive to be honest, but, being a computer salesperson, as the saying goes, I will never know I am lying.

I wake up with a desire to make people smile, if not through, facial expression, dry humour, or actions. It might be possible through song, as long as I don't sing off key.

It has been a pleasure to be a part of this group and hope that you feel the same.



~ March 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Regular rehearsal	5	6	7
8 <i>Daylight Savings Time Starts</i>	9	10	11 Music Committee Mtg Regular rehearsal	12	13	14
15	16	17	18 Executive Meeting & Regular Rehearsal <b>CANCELLED</b>	19	20	21
22	23	24	25 Regular rehearsal <b>TO BE DETERMINED</b>	26	27	28 Chorus coaching with Jay Althof <b>CANCELLED</b>
29	30	31				

~ April 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Music Committee Mtg Regular rehearsal	2	3	4
5	6	7	8 Executive Meeting Regular rehearsal	9	10 <i>Good Friday</i>	11
12	13	14	15 Regular rehearsal	16	17	18
19	20	21	22 Regular rehearsal	23	24	25
26	27	28	29 Regular rehearsal	30		

# River City Sound

## Notes 4 U

This is the official weekly bulletin of the River City Sound Chorus. For more information about us, go to our website:

[www.rivercitysound.ca](http://www.rivercitysound.ca)

Editor - Krista Hanis-Gervais

Unless carrying a by-line or some form of credit to borrowed sources, all items in this bulletin are by the editor and do not necessarily reflect the opinions of the chapter or board. If anyone wishes to contribute anything to the next Notes 4 U, wishes to subscribe or un-subscribe, or has questions about any of the items in Notes 4 U, contact the editor or email distributor.



## 2020 Chapter Executive

**President:** Paul Bullock

**Executive VP:** vacant

**Past President:** Bruce Wilton

**VP Membership & Chapter Development:** Larry Bredesen

**VP Music & Performance:** Duncan Zaluski

**VP Marketing & Public Relations:** Drummond Brown

**Secretary:** Charles Siegel

**Treasurer:** Bruce Wilton

**Chorus Manager:** Chris Magas

## Board Members at Large

Ken Broadfoot, Les Creek, Shirley Christie, Gayle Whar-ton, Henry Graham

## 2020 Music Committee

**VP Music & Performance:** Duncan Zaluski

**Co-Directors:** Sherrie Bredesen & Larry Hunter

**Assistant Director:** vacant

**Tenor Section:** Duncan Zaluski

**Lead Section:** Chris Magas

**Bass Section:** Larry Bredesen, Asst. Bruce Wilton

**Baritone Section:** John Latham

## 2020 Leadership Positions

**Accountant:** Gary Miles

**Attendance & 50/50:** Norm Silverberg

**Awards Banquet Chairs:** Gary & Ricki Miles

**Charities:** Harold Casselman

**Church Xmas Chorus:** Bruce Wilton

**Learn To Sing Program:** Les Creek, Len Paluck, Paul Rondeau

**Grey Cup Pool Chair:** Ken Broadfoot

**Historian:** Gordon Billows

**Music Librarian:** Wendy Lamont

**Notes 4 U Editor:** Krista Hanis-Gervais

**Program Director:** Duncan Zaluski

**Refreshments:** Norm Silverberg, John Latham, Len Paluck

**Sing Canada Harmony:** Gordon Billows

**Sunshine:** Brian Metcalfe

**Wardrobe:** Les Creek, Charlie Siegel, Louise Malo

**Website:** Chris Magas

**Youth Outreach:** Drummond Brown

**2021 Show Producer:** Les Creek

**2021 Show Chairman:** vacant

**Chapter Advocate for the Winnipeg Chapter:** Gordon Billows