

IMPORTANT DATES FOR YOUR CALENDAR

Take note of these important 2020 dates. Changes will be made as new information is received.

- May 13 Executive Committee zoom meeting (5:30 pm)
- May 13 River City Sound zoom rehearsal (7:00 pm)
- May 20 River City Sound zoom rehearsal (7:00 pm)

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13 May 2020

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PAST, PRESENT & FUTURE

Please send any information for publication to Krista by **Saturday noon** at:

kristahanisgervais@gmail.com

Thanks, Krista ☺



QUOTES 4 U

Shared by Krista Hanis-Gervais

"The greatest respect an artist can pay to music is to give it life."

- Pablo Casals

"Music becomes beautiful when you have the guts to be vulnerable"

- Marion Van Namen

CHORUS REHEARSAL PLANS AND UPDATE

From Paul Bullock

Our second zoom rehearsal went even better than the first one. We had 31 people signed in, including our guest from the Dauphin chapter. It was great that several more people were able to join the rehearsal this week. I even got the chat function set up and working properly, so communication seems to work quite well. If you are having any technical issues, please let me know. I'm certainly not an expert but I may be able to assist you if you are experiencing difficulty with joining our zoom rehearsals.

The music team met on Wednesday as well. There will be another new song introduced soon and we're discussing ways to get even more out of our virtual rehearsals. The music plan is being modified to take into account our current situation. We want to continue renewing our repertoire and preparing for future performances but we need to do it in a manner that is manageable for all members. Please share any ideas or insights you have about either songs or practice techniques. Your input is welcome and we all want to make the most of our time on Wednesday evenings.

Your section leads are there to help you with your music. And remember that Chris can also arrange assistance for you if you have other issues outside of the music.

Section	Leader	Residence	Cell	Email
Tenor	Duncan Zaluski	204-999-7233		dztenor@gmail.com
Lead	Chris Magas	204-669-3330	204-941-1639	magasman@mymts.net
Baritone	Paul Bullock	204-475-4278		prof.p.bullock@gmail.com
Bass	Larry Bredesen	204-477-8023	204-230-5464	larrybredesen@gmail.com

As our health authority slowly starts to unwind some of the restrictions on our daily lives, I hope that you can all enjoy a bit more freedom in a safe manner. Take care and we can look forward to seeing each other next Wednesday.

UPDATE ON GORD SOUTHAM

From Gordon Billows

Gord is still at St Boniface Hospital (bowel and intestinal cancer). He had drainage problems since his operation last weekend and would undergo another operation this past Friday (May 8th) to correct the situation. He is quite weak and understandably frustrated that things are not going as well as expected. *Keep him in your prayers to help him through this medical problem.*



REHEARSAL SCHEDULE - MAY 13, 2020

VIRTUAL SINGING WEEK 3

From Duncan Zaluski

This weeks' Zoom meeting will include warm ups and singing.

PLEASE MAKE SURE YOU HAVE ALL OF YOUR NEW MUSIC AND CURRENT REPERTOIRE ON HAND.

6:55 – 7:10	Login and greetings
7:10 – 7:25	Warm up
7:25 – 7:50	Stand By Me
7:55 – 8:15	Hello Mary Lou (Off the Page May 27)
8:20 – 8:35	Dream Lover (Off the Page)
8:35 – 8:45	Business Meeting & Break
8:50 – 8:55	Barber Polecat: Shine On Me
8:55 – 9:30	Repertoire Review Daydream Imagine Harmony Collage ← Subject to change

The Repertoire review/Directors Choice area is where you can work on the songs you know you need work on...

Current Show Repertoire:

Blue Moon(s)
Can You Feel the Love Tonight?
Daydream
Dream Lover
Harmony Collage
I'm Feeling Fine
Imagine
Irish Blessing
O Canada
Shenandoah
Under the Boardwalk
When I'm 64



HARMONIZE AT HOME: SING THE POLECATS!

With quartet and chorus gatherings on hold, getting your barbershop harmony fix is a challenge! To help, the Barbershop Harmony Society has remixed the digital learning tracks for our [Barberpole Cat Songbook Vol 1](#) so that you can sing your voice part along with the three other parts. Explore [this Polecat activity](#) and have fun at:

<https://www.barbershop.org/harmonize-at-home-sing-the-polecats>

AT HOME WARM-UP (FROM MAY 6, 2020)

By Sherrie Bredesen

BREATHING:

1. Balloon Sniff! Sit or stand proudly and take little sniffs in through your nose until your ribs are expanded and your lungs are full. Try to squeeze in one or two more. Keeping the ribs erect, exhale in a “whhhhhhhh”
2. Snuff Breath! Lifting you're your cheeks slightly and expanding your nostrils, inhale quickly but deeply.
Sing 5-4-3-2-1 --5 on a vowel of your choice. Eg. Singing AH on the notes G-F-E-D-C -G
Repeat this exercise starting a semi tone either lower or higher, depending upon where you started. (eg. G becomes either higher to Ab or lower to F#)
Practise breathing deeply “down towards your belly” in between each run.

VOCAL:

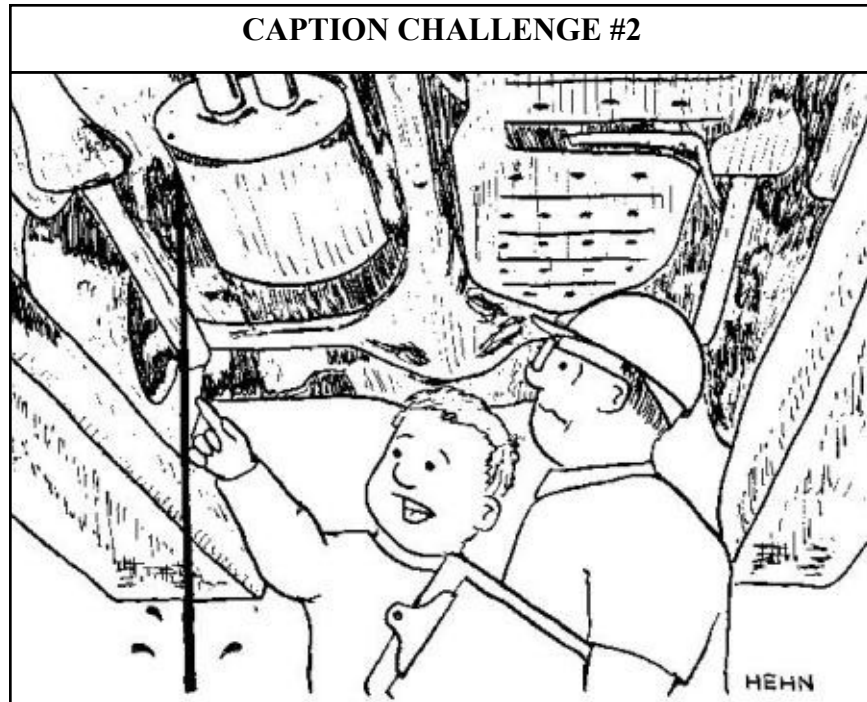
1. Start on Eb - ME-MAY-MY-MOH-MOO chords. Repeat, using words like:
 - a) For I Love You Too (*a chance to sing through the “V”*)
 - b) All I Have To Give (*ditto plus through the L sound too*)
 - c) Say You Love Me Too--(*are all your vowels tall and open?*)
 - d) Take Me Out To-night - (*Check out the Diphthongs*)
 - e) Sing a Sim-ple Song (*Singable consonants*)
 - f) You're Not Too Poor For Sure **(use forward tones that match the OO sound)*
2. Bb Zing-a-mama 4 times plus Zing-Zing-zing. 5-4-3-2-1—5—1
Tenors and Leads go up to 5th, Basses and Baris go down to the 6th.
3. Start on low G (below middle C. Basses an octave lower) **Take a good breath.**
1-2-3 2-3-4 3-4-5 4-5-6 5-6-7 6-7-8 7-8-9- 8 (OH)
Keep the thirds HIGH. Basses start an octave lower.
4. C (Basses on middle C and all others higher octave) 8-7-6-5-4-3-2-1 (LOO)
HEAD TONES- start in a resonant head tone (lighter quality, lifting the tones, not pushing) and stay in the head tone all the way down. Start on a comfortable but high-ish note for your own range. Then repeat, starting a Semitone (half step) down.
STAY in the head voice.



CREATE A CAPTION CHALLENGE #2

From Brian Metcalfe

I trust the creative captions shared below will bring a chuckle to your day.



OMG ... That St. Bernard in the back seat sure has a large bladder! 1

"We need to replace your engine, transmission, brakes and ball joints, but your air filter will be okay until next time." 2

"Like I was saying, this stuff doesn't taste all that bad. I've been drinking it straight from the car all day long." 3

"That bubble gum should do the trick until we figure out exactly how to fix your car..." 4



NOTE: Based on the limited number of submitted captions, I am going to suspend this activity. A special thank you to those chorus members, who shared their creative captions for our first challenge published in our May 6, 2020 issue.

Caption Contributors: Individuals, not in our chorus family, submitted their captions when this cartoon was initially created by Larry Hehn in "Name That Toon #23 - Caption this!"

1 - Brian Metcalfe 2 - Susie Lindau 3 - Rob Shepherd 4 - Shelley

TO BRIGHTEN YOUR SPIRITS IN THESE TRYING TIMES

From Krista Hanis-Gervais, Ricki Miles, Yvonne Applewhaite, Norm Silverberg, Brian Metcalfe and Larry Bredesen



Happy Mother's Day to all of the Mothers and Mother-figures of our River City Sound Family!

<https://www.youtube.com/watch?v=58GYICUG0ns>



Conductor Steven Amundson shares his new barbershop tune with his beloved St. Olaf Orchestra.

https://www.youtube.com/watch?v=tJkpeuWI1hU&feature=emb_logo



The Royal Choral Society performed the Hallelujah Chorus from Handel's Messiah virtually this Good Friday, continuing a Royal Albert Hall tradition that has been going for 144 years – broken only by the Blitz in 1940/1.

https://www.youtube.com/watch?v=_PQYVbd1Gwg



You may remember Gonzales Gonzales from John Wayne movies. He provided comedy in Rio Bravo, Hellfighters, and other John Wayne movies. Here is where he got his start as an actor when he appeared as a contestant on 'You Bet Your Life'. Groucho takes advantage of the situation based upon the audience laughter. John Wayne saw the event and put him in his movies. This interview when TV was fun to watch will bring a smile to your face.

<https://www.chonday.com/15507/funny-mexican-guy-with-groucho-marx/>



CLARK W. - Up Here, in Canada

<https://www.youtube.com/watch?v=37nGeXn2K9c&app=desktop>



And, on a serious note,

Just in time for the warm weather and BBQ season... please be cautious of flammable hand sanitizer near open flames

<https://www.youtube.com/watch?v=kMfR3bDccOU>

MUSICAL PROGRAMS & APPS 4 U

Recommendations From River City Sound Chorus Members

Pitch Perfect (Digital Pitch Pipe)
DepollSoft
Contains ads · In-app purchases

4.2★
1K reviews

100K+
Downloads

Everyone

Install

Voice Record Pro
BejBej Apps
Contains ads · In-app purchases

3.8★
1K reviews

100K+
Downloads

Everyone

Install

Tuner T1
JSplash Apps
Contains ads · In-app purchases

4.4★
975 reviews

100K+
Downloads

Everyone

Install

Perfect Ear - Music The...
EDuckAppsSV
In-app purchases

4.8★
63K reviews

1M+
Downloads

Everyone

Install

A music school in your pocket: solfège, ear training, rhythm training exercises.

Audacity®

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IMPORTANT DATES 4 U

Meetings, Rehearsals, Holidays and River City Sound Birthdays

~ May 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 <i>Happy Birthday Morley Bernstein</i>	4	5	6 Music Committee Zoom Meeting (6 pm) Zoom Rehearsal (7 pm)	7	8	9
10 <i>Mother's Day</i>	11	12	13 Executive Committee Zoom Meeting (5:30 pm) Zoom Rehearsal (7 pm)	14	15	16
17	18 <i>Victoria Day</i>	19	20 Zoom Rehearsal (7 pm)	21 <i>Happy Birthday Duncan Zaluski</i>	22	23
24	25	26	27	28	29	30

~ June 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 <i>Father's Day Happy Birthday Joan Crapper</i>	22	23	24	25	26	27
28 <i>Happy Birthday Drummond Brown</i>	29	30				

River City Sound

Notes 4 U

This is the official weekly bulletin of the River City Sound Chorus. For more information about us, go to our website:

www.rivercitysound.ca

Editor - Krista Hanis-Gervais

Unless carrying a by-line or some form of credit to borrowed sources, all items in this bulletin are by the editor and do not necessarily reflect the opinions of the chapter or board. If anyone wishes to contribute anything to the next Notes 4 U, wishes to subscribe or un-subscribe, or has questions about any of the items in Notes 4 U, contact the editor or email distributor.



2020 Chapter Executive

President: Paul Bullock
Executive VP: vacant
Past President: Bruce Wilton
VP Membership & Chapter Development: Larry Bredesen
VP Music & Performance: Duncan Zaluski
VP Marketing & Public Relations: Drummond Brown
Secretary: Charles Siegel
Treasurer: Bruce Wilton
Chorus Manager: Chris Magas

Board Members at Large

Ken Broadfoot, Les Creek, Shirley Christie, Gayle Whar-ton, Henry Graham

2020 Music Committee

VP Music & Performance: Duncan Zaluski
Co-Directors: Sherrie Bredesen & Larry Hunter
Assistant Director: vacant
Tenor Section: Duncan Zaluski
Lead Section: Chris Magas
Bass Section: Larry Bredesen, Asst. Bruce Wilton
Baritone Section: John Latham

2020 Leadership Positions

Accountant: Gary Miles
Attendance & 50/50: Norm Silverberg
Awards Banquet Chairs: Gary & Ricki Miles
Charities: Harold Casselman
Church Xmas Chorus: Bruce Wilton
Learn To Sing Program: Les Creek, Len Paluck, Paul Rondeau
Grey Cup Pool Chair: Ken Broadfoot
Historian: Gordon Billows
Music Librarian: Wendy Lamont
Notes 4 U Editor: Krista Hanis-Gervais
Program Director: Duncan Zaluski
Refreshments: Norm Silverberg, John Latham, Len Paluck
Sing Canada Harmony: Gordon Billows
Sunshine: Brian Metcalfe
Wardrobe: Les Creek, Charlie Siegel, Louise Malo
Website: Chris Magas
Youth Outreach: Drummond Brown
2021 Show Producer: Les Creek
2021 Show Chairman: vacant
Chapter Advocate for the Winnipeg Chapter: Gordon Billows