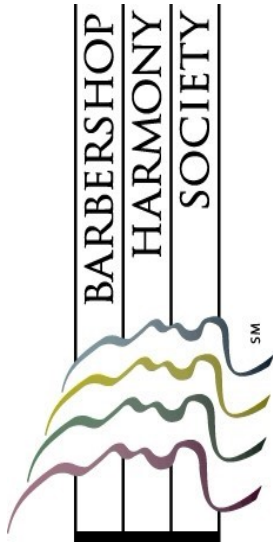




21 April 2021

Notes 4 U

Winnipeg, Manitoba, Canada
Land O' Lakes, Barbershop Harmony Society
www.rivercitysound.ca



Vol 2021 Issue 16

COVID-19 Online Zoom Rehearsals - Wednesdays 7:00 p.m. to 9:00 p.m.



IMPORTANT DATE FOR YOUR CALENDAR

Take note of this important 2021 date. Changes will be made as new information is received.

April 15: 'I'm Feeling Fine' Video is due.

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21 APRIL 2021

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PAST, PRESENT & FUTURE

During the month of April, please send any information for publication to both **Mae** and **Brian** by **Saturday** noon at:

denby.mae@gmail.com
bkmetcalfe@shaw.ca

PERMANENT ZOOM REHEARSAL LINK

Join our online Zoom rehearsals every Wednesday with this link:

<https://us02web.zoom.us/j/84457343549?pwd=ZGJmeUIJTl5Nnp1Ly9sNGQxYkxPUT09>

Meeting ID: 844 5734 3549
Password: 974496

For Assistance signing on, call Brian at 204-667-2727

CHORUS REHEARSAL PLANS AND UPDATE

from Paul Bullock

This week, after the sectionals, there will be two activity breakout rooms. One will be for another session of music theory with Sherrie and the other will be for another woodshedding session with Rob.



In this week's newsletter, you will find a tentative transition plan from Zoom to in-person rehearsals (remember those?). The first part of the plan is not going to change. Our Zoom rehearsal format will continue until May 12 and then we will have a break for a couple of weeks. Starting in June, the Wednesday night schedule week-to-week will be mainly weather-dependent through the summer. But it will also depend on the status of public health orders. Hopefully, the summer transition will go well but there are a lot of unknowns right now. So, the plan may need modification.

Thanks to everyone who completed a video for "I'm Feeling Fine." Brian, Larry and Wendy continue to work with Jacob, our videographer, to create the final product. We hope to debut this latest video at a rehearsal in May. This will mean that, over the course of a year, we will have created 4 videos with a good variety of songs. This is an excellent achievement! We will have these videos forever and they will be a testament to the resilience and ingenuity of River City Sound during a very challenging time.

Keep singing. See you Wednesday.

\$\$\$ River City Sound Chapter Dues Update \$\$\$

RCS delayed the collection of 2021 chapter dues (\$90 for 2021 only) pending a decision by Canada Revenue Agency about our application for charitable organization status. Members who pay 2021 dues after we receive this status would receive a charitable donation receipt to use as an income tax deduction. We had hoped to know the status of our application by now but our most recent information from CRA is that a decision may still be several months away. Since we are not certain when we may have this decision, members have the following options:

1. Continue to delay payment of 2021 dues until November 2021 or whenever we receive our registered charity status, whichever is sooner. If we have our registered charity status before November 2021, receipts will be issued for 2021 Chapter dues. If not, then receipts cannot be provided. In order to prevent having members pay chapter dues for 2021 and 2022 in rapid succession, the 2022 Chapter dues payment date will be delayed for a minimum of six months after the 2021 dues payment. If we are advised in 2022 that our application for registered status is approved, receipts will be issued for 2022 chapter dues and following years. Note that we are hopeful that we will be approved, but there is no guarantee that we will obtain charitable status and therefore, we may not be able to issue charitable donation receipts at all.
2. Members can pay 2021 chapter dues starting now but a charitable donation receipt cannot be issued.

Chapter dues payment can be made by e-transfer to bww6850@gmail.com or by cheque to Bruce Wilton, 827 John Bruce Road E, Wpg. R3X 1Y3

TENTATIVE TRANSITION PLAN TO IN-PERSON REHEARSALS

(All details are not decided at this time)

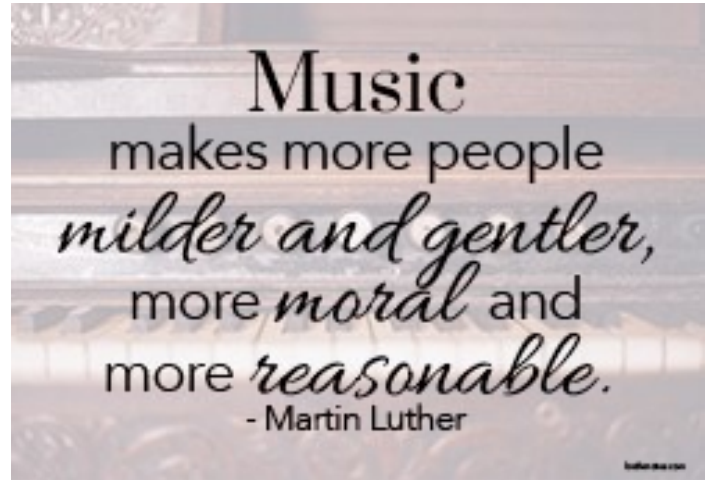
Zoom Rehearsals – continue until May 12

Spring Break – May 19 and 26 (no rehearsals)

Summer Transition – June 2 through August 25

During this time period, the chorus will hold different Wednesday night activities depending on the weather

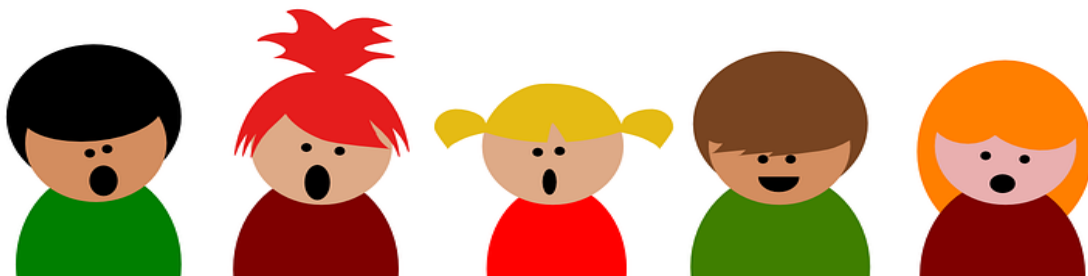
- if the weather is not good, we will hold a **Zoom** rehearsal and use these to introduce new songs or review repertoire
- if the weather is favorable, hold either an outdoor rehearsal or a social event such as a picnic similar to the summer of 2020



- ⇒ outdoor rehearsals will be held in a large space that will allow members to sing wearing a mask and keeping a minimum distance apart
- ⇒ the main purpose of outdoor rehearsals will be to review repertoire and re-familiarize everyone with singing together in-person

Resumption of Inside In-Person Rehearsals – September 1

- assumes that public health orders allow for this activity
- venue will be St. Andrews United Church, where we were rehearsing prior to the pandemic unless we find a better location at a reasonable price prior to that date





BREATHING EXERCISES 2021



by Sherrie Bredesen

* Check your posture. Stand or sit tall with ribs lifted rather than sagging.

1. INHALE and allow the ribs to expand. Flex the Intercostal muscles in between the ribs as this allows you to control your air flow much better. These muscles will strengthen over time and you will be surprised how much further you can go on one breath without skimping on the sound.
2. INHALE to the count of 1, HOLD for count of 2 while engaging your “core” or “Intercostals” (muscles in between the ribs). Then EXHALE to the count of 10, HOLD for count of 2. Relax and repeat from the beginning, several times.
3. Inhale, then exhale SHHHH.. . First for whole note count (4), then 2 half notes (SHHH! SHHHHH!), then 4 quarter notes (SH.SH. SH. SH.), then 4 sets of eighth notes (SH SH, SH SH, SH SH, SH SH) then 4 sets of triplets. (Sh Sh Sh....Sh Sh Sh... Sh sh sh... Sh sh sh)
4. Hand on abdomen – Inhale to count of 4, exhale to count of 4, keep an expanded rib cage until near the end.
5. Hiss out warm, moist air to the rhythm of JINGLE BELLS (no cool air, put finger in front of mouth to check) eg. Ss ss ssssss, ss ss ssssss....(Jin-gle Beeeells)
6. INHALE with an open throat. EXHALE in a series of pants....”Huh, huh, huh, etc.”
7. Using notes 1-2-3-4 5-4-3-2 1 VVVVVV the notes. This requires lots of air and will strengthen those muscles.
8. Then VVV the notes 1—5---1 Eg. Bb ---F---Bb or C---G---C
9. Then VVVV the notes, rolling up the octave from 1 to 8 and back down again.
10. Now repeat all these exercises using a strong, resonant HUM.
11. Repeat singing the numbers and/or a vowel of your choice.

FREE SINGING APPS TO MAKE YOU A BETTER VOCALIST

shared by Larry Hunter

A list of apps members may consider using for improving their vocal skills at home:

<https://myvocalskills.com/8-free-singing-apps-that-make-you-a-better-vocalist>



REHEARSAL SCHEDULE - APRIL 21 2021 VIRTUAL SINGING WEEK 116

from Les Creek

**PLEASE MAKE SURE YOU HAVE: ALL OF YOUR NEW MUSIC,
CURRENT REPERTOIRE & BARBERPOLECAT SONGBOOK**

BRING A SMALL STRAW FOR WARMUPS.....

6:55 to 7:05	Login and Greetings
7:05 to 7:25	Warmups
7:30	New(er) Music Do You Hear the People Sing?
7:35 to 8:05	Sectional Breakout Can You Feel The Love Tonight? Do You Hear the People Sing?
8:05 to 8:15	Do You Hear the People Sing? -mix
8:15 to 8:45	Music Theory & Woodshedding Breakouts
8:45 to 8:55	Business Meeting
8:55	Final Song Irish Blessing
9:00 to 9:15	Afterglow and Music Team review (in tenor room)



PLANNED UPCOMING REHEARSAL MUSIC (SUBJECT TO CHANGE !!!)

	<u>New(er) Music</u>	<u>Repertoire Review</u>
April 28	Rhythm of Love Do You Hear The People Sing?	Imagine Under the Boardwalk
May5	Rhythm of Love Can You Feel the Love Tonight?	Music Theory & Tag Singing

MUSIC THEORY WORKSHEET: #1

from Sherrie Bredesen

Please print this out before next Wednesday so we can work on sight reading them together. You may name the notes and write in the bar lines as directed if you wish. We will go over that as well if you want to wait.

1. Mark the count in each of these measures, then write the letter-name under each note:

Musical staff in treble clef, 3/4 time. The first three measures have counts "1", "2", and "3" written below the first notes.

Musical staff in bass clef, 4/4 time.

Musical staff in treble clef, 2/4 time.

SIGHT READING

Musical staff in treble clef, 1/4 time.

Musical staff in treble clef, 1/4 time.

Musical staff in treble clef, 1/4 time.

Add Bar lines

Musical staff in treble clef, 3/4 time. Counts "1+", "2+", and "3+" are written below the first notes.

Musical staff in treble clef, 1/4 time, and bass clef, 1/4 time.

MUSIC THEORY WORKSHEET: #2

from Sherrie Bredesen

(For use during class)

4

31 *rit* 32 ✓ 33 34

sweet mem - o - ries. So each time you sing an

Detailed description: This system contains measures 31 through 34. The music is in treble and bass clefs with a key signature of one sharp (F#). Measure 31 has a handwritten 'rit' above it. Measure 32 has a handwritten checkmark above it. The lyrics are 'sweet mem - o - ries. So each time you sing an'.

35 36 37 38

old song, You greet a dear old friend once

Detailed description: This system contains measures 35 through 38. The lyrics are 'old song, You greet a dear old friend once'. There is a circled area around measure 36 in the treble clef.

TAG: 39 40 41 42

more. once more. So keep on sing - ing the
more. more.

Detailed description: This system contains measures 39 through 42, labeled 'TAG:'. The lyrics are 'more. once more. So keep on sing - ing the more. more.'. There is a checkmark above measure 40.

43 44 45 46

old songs, And you'll al - ways have a

Detailed description: This system contains measures 43 through 46. The lyrics are 'old songs, And you'll al - ways have a'. There is a checkmark above measure 44.

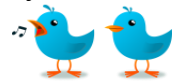
47 48 49 50

friend, old friend.
friend, friend, old friend.

Detailed description: This system contains measures 47 through 50. The lyrics are 'friend, old friend.' and 'friend, friend, old friend.'. There is a checkmark above measure 50.

TO BRIGHTEN YOUR SPIRITS DURING THESE TRYING TIMES

Like humans, birds can learn music while they are still in the egg stage.



What rock group has four men that don't sing?



Why Music?

- I. Music is a Science.
- II. Music is Mathematical.
- III. Music is a Foreign Language.
- IV. Music is History.
- V. Music is Physical Education.
- VI. Music Develops Insight and Demands Research.
- VII. Music is all these things, but most of all,
Music is Art.



That is why we teach music:
Not because we expect you to major in music . . .
Not because we expect you to play or sing all your life . . .
But so you will be human . . .
So you will recognize beauty . . .
So you will be closer to an infinite beyond this world . . .
So you will have something to cling to . . .
So you will have more love, more compassion, more
gentleness, more good –
in short, more LIFE.



IMPORTANT DATES 4 U - APRIL & MAY 2021

Meetings, Rehearsals, Holidays and River City Sound Member Birthdays

~ April 2021 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					<i>Good Friday Happy Birthday Larry Hunter</i>	<i>Happy Birthday Norm Silverberg</i>
4	5	6	7	8	9	10
<i>Easter Sunday Passover Ends</i>	<i>Easter Monday</i>		Music Committee Meeting (5:30) Zoom Rehearsal (7:00)			<i>Happy Birthday Sherrie Bredesen</i>
11	12	13	14	15	16	17
<i>Happy Birthday Ken Broadfoot</i>	<i>Happy Birthday Larry Bredesen</i>		Executive Meeting (5:30) Zoom Rehearsal (7:00)	<i>"I'm Feeling Fine" Video Recordings Due</i>		
18	19	20	21	22	23	24
			<i>Zoom Rehearsal (7:00)</i>			<i>Happy Birthday Krista Hanis-Gervais</i>
25	26	27	28	29	30	
	<i>Happy Birthday Brian Metcalfe</i>		<i>Zoom Rehearsal (7:00)</i>			

~ May 2021 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	1/8
	<i>Happy Birthday Morley Bernstein</i>		Music Committee Meeting (5:15) Zoom Rehearsal (7:00)			
9	10	11	12	13	14	15
			Executive Meeting (5:30) Zoom Rehearsal (7:00) <i>Happy B-Day Mae Denby</i>			
16	17	18	19	20	21	22
					<i>Happy Birthday Duncan Zaluski</i>	
23	24	25	26	27	28	29
	<i>Victoria Day</i>					
30	31					

River City Sound

Notes 4 U

This is the official weekly bulletin of the River City Sound Chorus. For more information about us, go to our website:

www.rivercitysound.ca

Editor - Mae Denby

Unless carrying a by-line or some form of credit to borrowed sources, all items in this bulletin are by the editor and do not necessarily reflect the opinions of the chapter or board. If anyone wishes to contribute anything to the next Notes 4 U, wishes to subscribe or un-subscribe, or has questions about any of the items in Notes 4 U, contact the editor.



2021 Chapter Executive

President: Paul Bullock
Executive VP: vacant
Past President: Bruce Wilton
VP Membership & Chapter Development: Wendy Lamont
VP Music & Performance: Les Creek
VP Marketing & Public Relations: Gayle Wharton, Shirley Christie
Secretary: Larry Bredesen
Treasurer: Bruce Wilton
Chorus Manager: Chris Magas
Board Members at Large: Becki Ammeter, Herold Driedger, Ferryl Casselman

2021 Music Committee

VP Music & Performance: Les Creek
Chorus Directors: Sherrie Bredesen, Larry Hunter
Tenor Section: Becki Ammeter
Lead Section: Chris Magas
Baritone Section: Paul Bullock, John Latham
Bass Section: Larry Bredesen, Bruce Wilton
Performance & Staging: Gayle Wharton
Music Research: Duncan Zaluski
Sheet Music Librarian: Len Paluck
Learning Track Librarian: Duncan Zaluski

2021 Leadership Positions

Accountant: Gary Miles
Zoom Meeting Attendance: Wendy Lamont
In-person Meeting Attendance: Norm Silverberg
50/50: Norm Silverberg
Awards Banquet Chairs: Gary & Ricki Miles
Charities: vacant
Church Xmas Chorus: Bruce Wilton
Learn to Sing Program: Len Paluck, Wendy Lamont, Ferryl Casselman
Grey Cup Pool Chair: vacant
Historian: Gordon Billows
Notes 4 U Editor: Mae Denby
Refreshments: Norm Silverberg, John Latham, Len Paluck
Sing Canada Harmony: Gordon Billows
Sunshine: Brian Metcalfe
Wardrobe: Charlie Siegel, Louise Malo
Website: Chris Magas
2022 Show Producer: Les Creek
2022 Show Chairman: vacant
Advocate for the Winnipeg Chapter: Gordon Billows