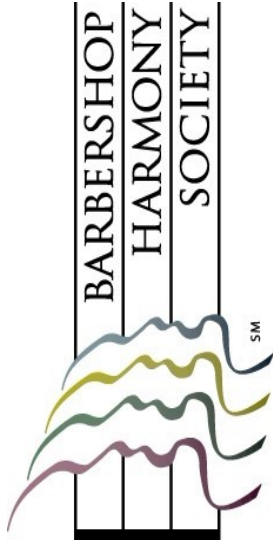




28 April 2021

Notes 4 U

Winnipeg, Manitoba, Canada
Land O' Lakes, Barbershop Harmony Society
www.rivercitysound.ca



Vol 2021 Issue 17

COVID-19 Online Zoom Rehearsals - Wednesdays 7:00 p.m. to 9:00 p.m.



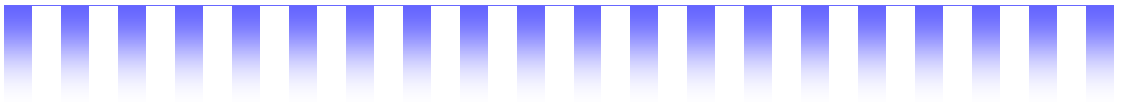
IMPORTANT DATES FOR YOUR CALENDAR

No chorus rehearsals May 19 & 26;
SPRING BREAK

Inside this issue:

28 APRIL 2021

Important Dates, Past, Present & Future, Zoom Rehearsal Link	1
Chorus Rehearsal Plans & Update	2
River City Sound Chapter Dues Update	2
Tentative Transition Plan to In-Person Rehearsals	3
Breathing Exercises 2021, Free Singing Apps To Make You a Better Vocalist	4
Rehearsal Schedule	5
To Brighten Your Spirits During These Trying Times	6
Calendars - April & May	7
Editorial Page, 2021 Chapter Executive and Leadership	8



PAST, PRESENT & FUTURE

During the month of April, please send any information for publication to both **Mae** and **Brian** by **Saturday** noon at:

denby.mae@gmail.com
bkmetcalfe@shaw.ca

PERMANENT ZOOM REHEARSAL LINK

Join our online Zoom rehearsals every Wednesday with this link:

<https://us02web.zoom.us/j/84457343549?pwd=ZGJmeUIJTjXl5Nnp1Ly9sNGQxYkxPUT09>

Meeting ID: 844 5734 3549
Password: 974496

For Assistance signing on, call Brian at 204-667-2727

CHORUS REHEARSAL PLANS AND UPDATE

from Paul Bullock

This week, we will return to the song “Rhythm of Love” and start to work on learning it for next year’s show. In preparation for Wednesday, you should take a bit of time with the learning tracks and listen closely to your part. The purpose is to “get the song into your head”. It has a challenging but very catchy rhythm. If you can play your part-predominant track on a stereo system, shift it over to the left channel (or take out your right ear bud) so you can isolate your part and really let it sink in. We will work on it during sectionals on Wednesday.



Brian, Larry and Wendy have spent many hours developing ideas and working with Jacob on the video for “I’m Feeling Fine”. We cannot thank you enough for all you have done and continue to do so that the video is finished in time to debut at a rehearsal in May. It will be an excellent way to celebrate another great achievement for River City Sound just before we take a spring break.

If you have any ideas for the summer transition period, let someone on the Executive know about them. We welcome everyone’s input and look forward to the times when we can gather in-person.

Keep singing. See you Wednesday.

Video of CBC report on “Carbershop”:

For your interest, the CBC ran a story about a Vancouver barbershop chapter that is taking a “carbershop” approach to rehearsals. It is at the link below:

<https://www.cbc.ca/news/canada/british-columbia/barbershop-chorus-cars->

\$\$\$ River City Sound Chapter Dues Update \$\$\$

RCS delayed the collection of 2021 chapter dues (\$90 for 2021 only) pending a decision by Canada Revenue Agency about our application for charitable organization status. Members who pay 2021 dues after we receive this status would receive a charitable donation receipt to use as an income tax deduction. We had hoped to know the status of our application by now but our most recent information from CRA is that a decision may still be several months away. Since we are not certain when we may have this decision, members have the following options:

1. Continue to delay payment of 2021 dues until November 2021 or whenever we receive our registered charity status, whichever is sooner. If we have our registered charity status before November 2021, receipts will be issued for 2021 Chapter dues. If not, then receipts cannot be provided. In order to prevent having members pay chapter dues for 2021 and 2022 in rapid succession, the 2022 Chapter dues payment date will be delayed for a minimum of six months after the 2021 dues payment. If we are advised in 2022 that our application for registered status is approved, receipts will be issued for 2022 chapter dues and following years. Note that we are hopeful that we will be approved, but there is no guarantee that we will obtain charitable status and therefore, we may not be able to issue charitable donation receipts at all.
2. Members can pay 2021 chapter dues starting now but a charitable donation receipt cannot be issued.

Chapter dues payment can be made by e-transfer to bww6850@gmail.com or by cheque to Bruce Wilton, 827 John Bruce Road E, Wpg. R3X 1Y3

TENTATIVE TRANSITION PLAN TO IN-PERSON REHEARSALS

(All details are not decided at this time)

Zoom Rehearsals – continue until May 12

Spring Break – May 19 and 26 (no rehearsals)

Summer Transition – June 2 through August 25

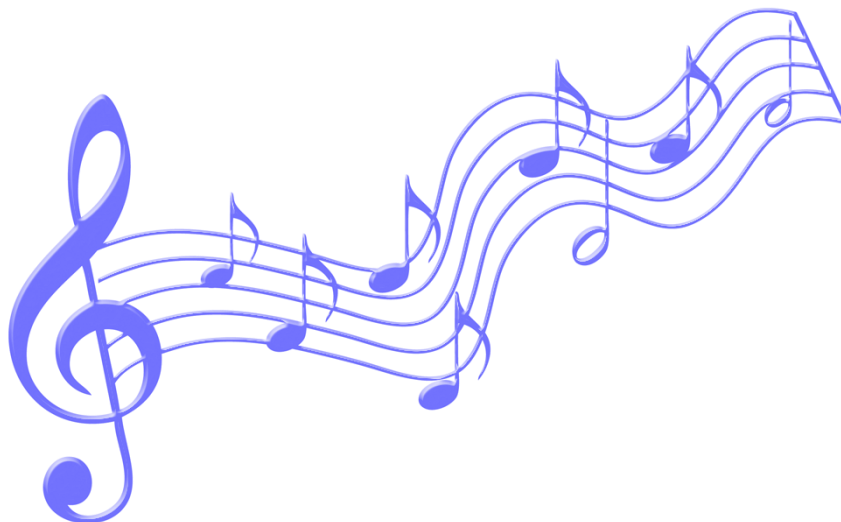
During this time period, the chorus will hold different Wednesday night activities depending on the weath

- if the weather is not good, we will hold a **Zoom** rehearsal and use these to introduce new songs or review repertoire
 - if the weather is favorable, hold either an outdoor rehearsal or a social event such as a picnic similar to the summer of 2020
- ⇒ outdoor rehearsals will be held in a large space that will allow members to sing wearing a mask and keeping a minimum distance apart
- ⇒ the main purpose of outdoor rehearsals will be to review repertoire and re-familiarize everyone with singing together in-person



Resumption of Inside In-Person Rehearsals – September 1

- assumes that public health orders allow for this activity
- venue will be St. Andrews United Church, where we were rehearsing prior to the pandemic unless we find a better location at a reasonable price prior to that date





BREATHING EXERCISES 2021



by Sherrie Bredesen

* Check your posture. Stand or sit tall with ribs lifted rather than sagging.

1. INHALE and allow the ribs to expand. Flex the Intercostal muscles in between the ribs as this allows you to control your air flow much better. These muscles will strengthen over time and you will be surprised how much further you can go on one breath without skimping on the sound.
2. INHALE to the count of 1, HOLD for count of 2 while engaging your “core” or “Intercostals” (muscles in between the ribs). Then EXHALE to the count of 10, HOLD for count of 2. Relax and repeat from the beginning, several times.
3. Inhale, then exhale SHHHH... First for whole note count (4), then 2 half notes (SHHH! SHHHHH!), then 4 quarter notes (SH.SH. SH. SH.), then 4 sets of eighth notes (SH SH, SH SH, SH SH, SH SH) then 4 sets of triplets. (Sh Sh Sh....Sh Sh Sh... Sh sh sh... Sh sh sh)
4. Hand on abdomen – Inhale to count of 4, exhale to count of 4, keep an expanded rib cage until near the end.
5. Hiss out warm, moist air to the rhythm of JINGLE BELLS (no cool air, put finger in front of mouth to check) eg. Ss ss ssssss, ss ss ssssss....(Jin-gle Beeeells)
6. INHALE with an open throat. EXHALE in a series of pants....”Huh, huh, huh, etc.”
7. Using notes 1-2-3-4 5-4-3-2 1 VVVVVV the notes. This requires lots of air and will strengthen those muscles.
8. Then VVV the notes 1—5---1 E.g. Bb ---F---Bb or C---G---C
9. Then VVVV the notes, rolling up the octave from 1 to 8 and back down again.
10. Now repeat all these exercises using a strong, resonant HUM.
11. Repeat singing the numbers and/or a vowel of your choice.

FREE SINGING APPS TO MAKE YOU A BETTER VOCALIST

shared by Larry Hunter

A list of apps members may consider using for improving their vocal skills at home:

<https://myvocalskills.com/8-free-singing-apps-that-make-you-a-better-vocalist>



REHEARSAL SCHEDULE - APRIL 28 2021 VIRTUAL SINGING WEEK 17

from Les Creek

**PLEASE MAKE SURE YOU HAVE: ALL OF YOUR NEW MUSIC,
CURRENT REPERTOIRE & BARBERPOLECAT SONGBOOK**

6:55 to 7:05 Login and Greetings

7:05 to 7:25 Warmups

7:30 to 7:35 New(er) Music
Rhythm of love



7:35 to 8:05 Sectional Breakout — section leads: feel free to practice other music as needed
Rhythm of love
Do You Hear the People Sing?

8:05 to 8:15 Rhythm of Love - mix

8:15 to 8:45 Repertoire Review
Imagine
Under the Boardwalk



8:45 to 8:55 Business Meeting

8:55 Final Song
Irish Blessing

9:00 to 9:15 Afterglow and Music Team review (in tenor room)

PLANNED UPCOMING REHEARSAL MUSIC (SUBJECT TO CHANGE !!!)

New(er) Music

Repertoire Review

May 5
Rhythm of Love
Can You Feel the Love Tonight?

Music Theory & Tag Singing

May12
Rhythm of Love
Do You Hear the People Sing?

When I'm 64

Daydream

May 19 & 26 Spring Break—no rehearsals

TO BRIGHTEN YOUR SPIRITS DURING THESE TRYING TIMES

Quiz from Les Creek

HOW GOOD IS YOUR MUSIC MEMORY?????

- 1) When did Little Suzie wake up:
 - a) the movie's over, it's 2 o'clock
 - b) the movie's over, it's 4 o'clock
 - c) the movie's over, it's 6 o'clock
- 2) 'Rock Around The Clock' was used in which movie?
 - a) Rebel Without A Cause
 - b) Blackboard Jungle
 - c) The Wild Ones
- 3) What's missing in this song title, from a rock and roll standpoint: Earth _____
 - a) Angel
 - b) Mother
 - c) Worm
- 4) 'I Found My Thrill' where?
 - a) In Kansas City
 - b) On Blueberry Hill
 - c) In Heartbreak Hotel
- 5) Please turn on your magic beam _____ bring me a dream.
 - a) Mr. Sandman
 - b) Dream Lover
 - c) Earth Angel
- 6) For which label did Elvis Presley first record?
 - a) Atlantic
 - b) RCA
 - c) Sun
- 7) Who asked "Why's everybody pickin' on me?"
 - a) Buster Brown
 - b) Bad, Bad Leroy Brown
 - c) Charlie Brown
- 8) In 'Mack The Knife', who had the knife?
 - a) Mac Heath
 - b) Mac Cloud
 - c) McNamara
- 9) Who is generally given credit for the term 'Rock and Roll'?
 - a) Dick Clark
 - b) Wolfman Jack
 - c) Alan Freed
- 10) In 1957, he left the music business to become a preacher.
 - a) Frankie Lymon
 - b) Tony Orlando
 - c) Little Richard
- 11) The Big Bopper's real name was
 - a) Jiles P. Richardson
 - b) Roy Harold Scherer Jr.
 - c) Marion Michael Morrison



From Ricki Miles

**So far 2021 is like
looking both ways
before crossing the
street and then getting
hit by an airplane.**





That was April!

Answers: 1b, 2b, 3a, 4b, 5a, 6c, 7c, 8a, 9c, 10c, 11a

IMPORTANT DATES 4 U - APRIL & MAY 2021

Meetings, Rehearsals, Holidays and River City Sound Member Birthdays

~ April 2021 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					<i>Good Friday Happy Birthday Larry Hunter</i>	<i>Happy Birthday Norm Silverberg</i>
4	5	6	7	8	9	10
<i>Easter Sunday Passover Ends</i>	<i>Easter Monday</i>		Music Committee Meeting (5:30) Zoom Rehearsal (7:00)			<i>Happy Birthday Sherrie Bredesen</i>
11	12	13	14	15	16	17
<i>Happy Birthday Ken Broadfoot</i>	<i>Happy Birthday Larry Bredesen</i>		Executive Meeting (5:30) Zoom Rehearsal (7:00)	<i>"I'm Feeling Fine" Video Recordings Due</i>		
18	19	20	21	22	23	24
			<i>Zoom Rehearsal (7:00)</i>			<i>Happy Birthday Krista Hanis-Gervais</i>
25	26	27	28	29	30	
	<i>Happy Birthday Brian Metcalfe</i>		<i>Zoom Rehearsal (7:00)</i>			

~ May 2021 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	1/8
	<i>Happy Birthday Morley Bernstein</i>		Music Committee Meeting (5:15) Zoom Rehearsal (7:00)			
9	10	11	12	13	14	15
			Executive Meeting (5:30) Zoom Rehearsal (7:00) <i>Happy B-Day Mae Denby</i>			
16	17	18	19	20	21	22
					<i>Happy Birthday Duncan Zaluski</i>	
23	24	25	26	27	28	29
	<i>Victoria Day</i>					
30	31					

River City Sound

Notes 4 U

This is the official weekly bulletin of the River City Sound Chorus. For more information about us, go to our website:

www.rivercitysound.ca

Editor - Mae Denby

Unless carrying a by-line or some form of credit to borrowed sources, all items in this bulletin are by the editor and do not necessarily reflect the opinions of the chapter or board. If anyone wishes to contribute anything to the next Notes 4 U, wishes to subscribe or un-subscribe, or has questions about any of the items in Notes 4 U, contact the editor.



2021 Chapter Executive

President: Paul Bullock
Executive VP: vacant
Past President: Bruce Wilton
VP Membership & Chapter Development: Wendy Lamont
VP Music & Performance: Les Creek
VP Marketing & Public Relations: Gayle Wharton, Shirley Christie
Secretary: Larry Bredesen
Treasurer: Bruce Wilton
Chorus Manager: Chris Magas
Board Members at Large: Becki Ammeter, Herold Driedger, Ferryl Casselman

2021 Music Committee

VP Music & Performance: Les Creek
Chorus Directors: Sherrie Bredesen, Larry Hunter
Tenor Section: Becki Ammeter
Lead Section: Chris Magas
Baritone Section: Paul Bullock, John Latham
Bass Section: Larry Bredesen, Bruce Wilton
Performance & Staging: Gayle Wharton
Music Research: Duncan Zaluski
Sheet Music Librarian: Len Paluck
Learning Track Librarian: Duncan Zaluski

2021 Leadership Positions

Accountant: Gary Miles
Zoom Meeting Attendance: Wendy Lamont
In-person Meeting Attendance: Norm Silverberg
50/50: Norm Silverberg
Awards Banquet Chairs: Gary & Ricki Miles
Charities: vacant
Church Xmas Chorus: Bruce Wilton
Learn to Sing Program: Len Paluck, Wendy Lamont, Ferryl Casselman
Grey Cup Pool Chair: vacant
Historian: Gordon Billows
Notes 4 U Editor: Mae Denby
Refreshments: Norm Silverberg, John Latham, Len Paluck
Sing Canada Harmony: Gordon Billows
Sunshine: Brian Metcalfe
Wardrobe: Charlie Siegel, Louise Malo
Website: Chris Magas
2022 Show Producer: Les Creek
2022 Show Chairman: vacant
Advocate for the Winnipeg Chapter: Gordon Billows