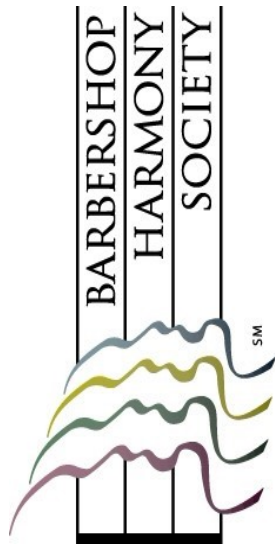




Notes 4 U

Winnipeg, Manitoba, Canada
Land O' Lakes, Barbershop Harmony Society
www.rivercitysound.ca




12 MAY 2021

COVID-19 Online Zoom Rehearsals - Wednesdays 7:00 p.m. to 9:00 p.m.

Vol 2021 Issue 19

PAST, PRESENT & FUTURE

As of April 30, please send any information for publication to Mae Denby
by **Saturday noon** at:
denby.mae@gmail.com



PERMANENT ZOOM REHEARSAL LINK

Join our online Zoom rehearsals every Wednesday with this link:

<https://us02web.zoom.us/j/84457343549?pwd=ZGJmeUIJTl5Nnp1Ly9sNGQxYkxPUT09>

Meeting ID: 844 5734 3549
Password: 974496

For Assistance signing on, call Brian at 204-667-2727



IMPORTANT DATES FOR YOUR CALENDAR

May 12 – Executive meeting at 5:30 p.m.
No chorus rehearsals May 19 & 26; SPRING BREAK
Jun 2 – Music Committee meeting 5:15 p.m. (venue TBD)

Inside this issue:

MAY 12 2021

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CHORUS REHEARSAL PLANS AND UPDATE

from Paul Bullock

Congratulations to all the participants and especially Les and the video production team of Larry B., Brian and Wendy for the very successful efforts to produce the chorus' 4th video. This is an outstanding achievement and a testament to our adaptive capability. Thanks very much.

This week is our last regularly-scheduled zoom rehearsal. There will be a Special Meeting during the business section to amend our Articles of Incorporation, action which is needed to support our application to Canada Revenue Agency for charitable organization status. There is more information about the revisions in the newsletter.

We have scheduled a two-week break with no rehearsals on May 19 and 26. Normally, chorus activities slow down during the summer but this year, we are planning to use the summer as a transition back to in-person rehearsals by gathering outdoors. Currently, the public health orders in effect for Manitoba preclude an outdoor gathering of sufficient size. Hopefully, the number of cases and hospitalizations will decline so that outdoor gatherings will be less restricted during the summer.

On June 1, you will receive notice of a decision on the venue for the June 2 rehearsal. If we cannot gather outdoors, the rehearsal will be held using Zoom. If both outdoor gathering size and weather allow, we will meet together in-person at 12 Phil-Chris Way (Wendy and Paul's place) to rehearse outdoors (see maps for location and directions). This would be our first in-person rehearsal in almost 15 months. We will screen everyone who participates beforehand as we did last year, then distance ourselves in the back yard with everyone wearing a mask. This method of in-person singing won't feel exactly the same as it did pre-pandemic, but it should provide us the opportunity to regain a sense of singing together instead of singing along with an audio track. The plan is to continue in this mode of operation through to the end of August. Each week, there will be a notice on Tuesday of whether we are rehearsing via Zoom or outdoors in-person on Wednesday night. Note, for the sake of reducing transmission, there won't be coffee or any food provided at the outdoor rehearsals. But there will be a short break during which people can partake of their own refreshments that they bring along. We also are planning outdoor social gatherings for three Wednesday nights during the summer, weather permitting. The first of these is tentatively planned for June 16 at Wendy and Paul's place.



By the time this summer is over, we will all be anxious to go back indoors to rehearse on Wednesday nights. Our tentative plan is to re-start indoor rehearsals on September 1. But, at this stage, we have no way of knowing if that will be possible. If not, we will make a determination on how to proceed. If it is, the basement of St. Andrews United Church is going to feel like "paradise"! (Who thought we would ever say something like that!)

See you Wednesday.

TENTATIVE TRANSITION PLAN TO IN-PERSON REHEARSALS

(All details are not decided at this time)

Zoom Rehearsals – continue until May 12

Spring Break – May 19 and 26 (no rehearsals)

Summer Transition – June 2 through August 25

During this time period, the chorus will hold different Wednesday night activities depending on the weather

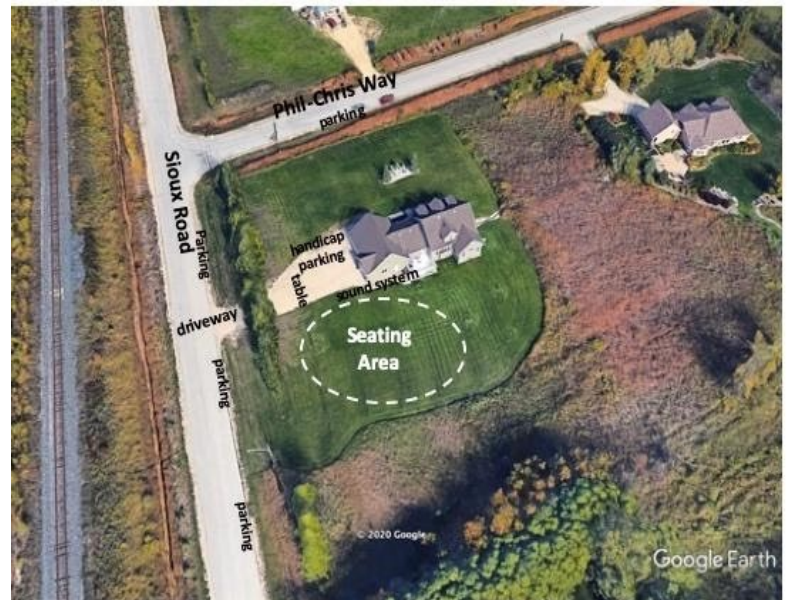
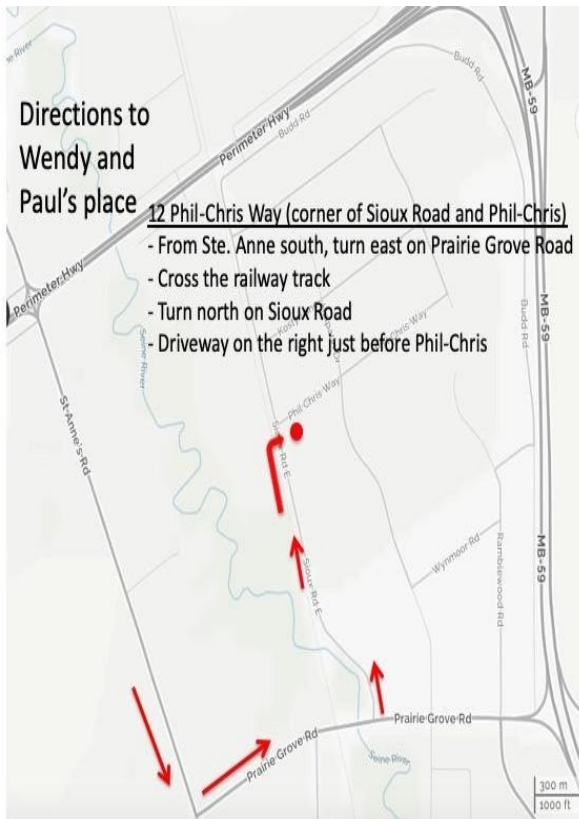
- if the weather is not good, we will hold a **Zoom** rehearsal and use these to introduce new songs or review repertoire
- if the weather is favorable, we will hold either an outdoor rehearsal or a social event such as a picnic similar to the summer of 2020
 - ⇒ outdoor rehearsals will be held in a large space that will allow members to sing wearing a mask and keeping a minimum distance apart
 - ⇒ the main purpose of outdoor rehearsals will be to review repertoire and re-familiarize everyone with singing together in-person
 - ⇒

Resumption of Inside In-Person Rehearsals – September 1

- assumes that public health orders allow for this activity
- venue will be St. Andrews United Church, where we were rehearsing prior to the pandemic unless we find a better location at a reasonable price prior to that date



12 PHIL-CHRIS WAY



RIVER CITY SOUND SPECIAL MEETING MAY 12 2021 8:45 P.M. (VIA ZOOM)

As mentioned last week, and per subsequent email, we will be having a special session this week (May 12) at 8:45 pm during the normal Zoom rehearsal. This will be a **Special Meeting to consider proposed changes to our Articles of Incorporation required to move forward with our application for Charitable Status.**

We hope that all members will be available to attend this meeting.

The original Articles of Incorporation Appear to the right. Bruce Wilton will lead us through the discussion.

5. The undertaking of the corporation is restricted to the following:

ARTICLES OF INCORPORATION

- To advance the public's appreciation of the arts by providing high-quality artistic performances of barber-shop a cappella music in Churches, community centres and other public places.

To advance education by providing instructional lesson and workshops on topics related to music theory, style and a cappella techniques to the General Public.

- To receive and maintain a fund or funds and to apply all or part of the principal and income therefrom, from time to time, to registered charities as defined in sub-section 149.1(1) of the Income Tax Act (Canada).

- To carry out activities ancillary and incidental in furtherance of the above charitable purpose.



BREATHING EXERCISES 2021



by Sherrie Bredesen

* Check your posture. Stand or sit tall with ribs lifted rather than sagging.

1. INHALE and allow the ribs to expand. Flex the Intercostal muscles in between the ribs as this allows you to control your air flow much better. These muscles will strengthen over time and you will be surprised how much further you can go on one breath without skimping on the sound.
2. INHALE to the count of 1, HOLD for count of 2 while engaging your “core” or “Intercostals” (muscles in between the ribs). Then EXHALE to the count of 10, HOLD for count of 2. Relax and repeat from the beginning, several times.
3. Inhale, then exhale SHHHH... First for whole note count (4), then 2 half notes (SHHH! SHHHHH!), then 4 quarter notes (SH.SH. SH. SH.), then 4 sets of eighth notes (SH SH, SH SH, SH SH, SH SH) then 4 sets of triplets. (Sh Sh Sh....Sh Sh Sh... Sh sh sh... Sh sh sh)
4. Hand on abdomen – Inhale to count of 4, exhale to count of 4, keep an expanded rib cage until near the end.
5. Hiss out warm, moist air to the rhythm of JINGLE BELLS (no cool air, put finger in front of mouth to check) eg. Ss ss ssssss, ss ss ssssss....(Jin-gle Beeeells)
6. INHALE with an open throat. EXHALE in a series of pants....”Huh, huh, huh, etc.”
7. Using notes 1-2-3-4 5-4-3-2 1 VVVVVV the notes. This requires lots of air and will strengthen those muscles.
8. Then VVV the notes 1—5---1 E.g. Bb ---F---Bb or C---G---C
9. Then VVVV the notes, rolling up the octave from 1 to 8 and back down again.
10. Now repeat all these exercises using a strong, resonant HUM.
11. Repeat singing the numbers and/or a vowel of your choice.

FREE SINGING APPS TO MAKE YOU A BETTER VOCALIST

shared by Larry Hunter

A list of apps members may consider using for improving their vocal skills at home:

<https://myvocalskills.com/8-free-singing-apps-that-make-you-a-better-vocalist>



REHEARSAL SCHEDULE - MAY 12 2021 VIRTUAL SINGING WEEK 19

from Les Creek

**PLEASE MAKE SURE YOU HAVE: ALL OF YOUR NEW MUSIC,
CURRENT REPERTOIRE & BARBERPOLECAT SONGBOOK**

- 6:55 to 7:05 Login and Greetings
- 7:05 to 7:25 Warmups
- 7:30 to 7:35 New(er) Music
Rhythm of love
- 7:35 to 8:05 Sectional Breakout
Rhythm of love
Do You Hear the People Sing?
- 8:05 to 8:15 Rhythm of Love - mix
- 8:15 to 8:45 Repertoire Review
When I'm 64
Daydream
- 8:45 to 8:55 Special Chapter Meeting
- 8:55 Final Song
Irish Blessing
- 9:00 to 9:15 Afterglow and Music Team review (in tenor room)



PLANNED UPCOMING REHEARSAL MUSIC (SUBJECT TO CHANGE !!!)

New(er) Music

Repertoire Review

May 19 & 26

Spring Break—no rehearsals

June 2

Rhythm of Love
Do You Hear the People Sing?

Dream Lover
Best of Doo-Wop

June 9

Fun in Just One Lifetime

Theory and Woodshedding

“I’M FEELIN’ FINE” QUIZ

From Brian Metcalfe

Knowing that in order to appreciate our latest musical video, one needs to view it several times. I have created a quiz to encourage you to examine aspects of this creative & complex marketing resource. See how many of the questions you can answer without playing the video. Finally complete your investigation by viewing “I’m Feelin’ Fine” to solve any of your remaining unanswered questions. The answers, together with the appropriate video time stamp, are provided on page 8 of this newsletter.



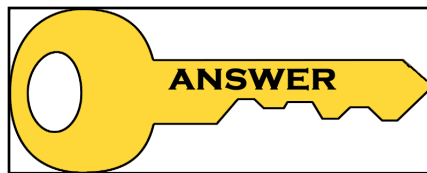
Let's begin with some easy questions and progress to some more difficult ones:

1. How many chorus members were showcased in the video?
2. What member(s) included head apparel as part of their wardrobe?
3. Whose vocals were used to introduce the song during the “Intro”?
4. What is the name of our Audio Editor/Mixer?
5. If the RCS logo was the same colour in both the “Intro” & “Outro”, what colour was it?
6. What member(s) was/were showcased in a large cell that took up a third of the entire screen?
7. What task can every chorus member do, to help improve future musical videos?
8. Who do you think was the most animated male chorus member? (Cannot pick yourself)
9. Who do you think was the most animated female chorus member? (Cannot pick yourself)
10. What technique was used to protect the identity of pictures with youth?
11. What unique gesture does the chorus member do who is wearing a tie?
12. In the display that shows trees in the four corners of the screen, what is unique about the one in the top left corner?
13. To what agency did the light-coloured puppy in the lower left corner of the screen belong?
14. What is the name of our Video Editor?
15. What “chorus member” photobombed owner by playing behind curtains during video creation?
16. What chorus member, in the bass section, really expresses himself during the final post of the song?
17. Indicate at what time in the video the [Ken Burns effect](#) was used to enhance the cloud display?

Take care & keep smiling :-)

TO BRIGHTEN YOUR SPIRITS DURING THESE TRYING TIMES

Shared by various RCS members



- 1) 20 [0:44]
- 2) Len & Brian [0:44]
- 3) Larry B [0:02 - 0:19]
- 4) Les [2:18]
- 5) White [0:04 & 2:27]
- 6) Sherrie & Larry H [0:30]
- 7) Send in feedback to Wendy, Larry B, or Brian]
- 8) Len [0:45 - 0:53]
- 9) Wendy [1:04 - 1:10]
- 10) Blurred face [0:29]
- 11) Push up at the sky [1:04]
- 12) A painting [1:05]
- 13) CNIB [1:15]
- 14) Jacob Unica [2:19]
- 15) Karen's cat [0:50 - 0:54]
- 16) Herold [1:52 - 2:00]
- 17) [0:35 - 0:43]

Could singing in a virtual choir be the answer for boosting your mental health?
<https://www.classicfm.com/music-news/singing-virtual-choir-boost-mental-health/>

Everyone was seated around the table as the food was being served. When little Johnny received his plate, he started eating straight away.

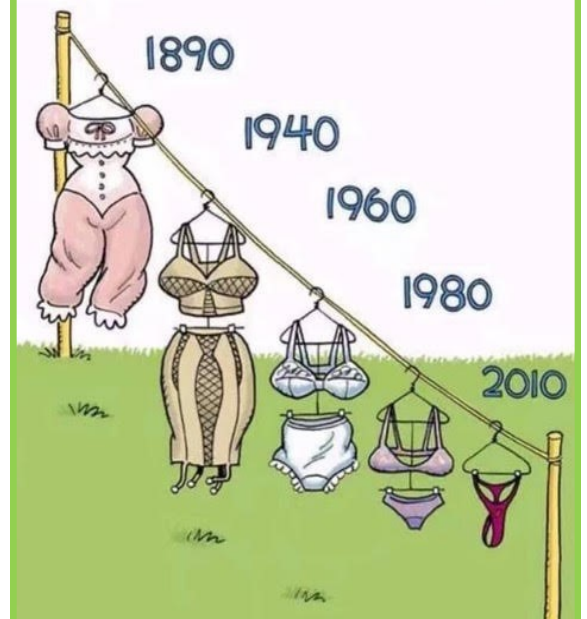
"Jonny, wait until we've said our prayer," his mother reminded him.

"I don't have to." - the little boy replied.

"Of course you do." - his mother insisted. "We say a prayer before eating at our house."

"That's at our house," Johnny explained, "but this is Grandma's house and she knows how to cook."

DEFINITIVE PROOF OF GLOBAL WARMING





Now, if you REALLY want to brighten your spirits, go to:

<https://youtu.be/LqPJfS0NXU4>

Watch and listen!!!

IMPORTANT DATES 4 U - MAY & JUNE 2021

~ May 2021 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 <i>Happy Birthday Morley Bernstein</i>	4	5 Music Committee Meeting (5:15) Zoom Rehearsal (7:00)	6	7	1/8
9	10	11	12 Executive Meeting (5:30) Zoom Rehearsal (7:00) <i>Happy B-Day Mae Denby</i>	13	14	15
16	17	18	19 	20	21 <i>Happy Birthday Duncan Zaluski</i>	22
23	24 <i>Victoria Day</i>	25	26 	27	28	29
30	31					

~ June 2021 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Music Committee meeting 5:15 p.m. (venue TBD) Rehearsal (7:00) Details t.b.a.	3	4	5
6	7	8	9 Rehearsal (7:00) Details t.b.a.	10	11	12
13	14	15	16 Chorus social event (if the weather is favorable) - time t.b.a.	17	18	19
20	21 <i>Happy Birthday Joan Crapper</i>	22	23 Rehearsal (7:00) Details t.b.a.	24	25	26
27	28 <i>Happy Birthday Drummond Brown</i>	29	30 Rehearsal (7:00) Details t.b.a.			

River City Sound

Notes 4 U

This is the official weekly bulletin of the River City Sound Chorus. For more information about us, go to our website:

www.rivercitysound.ca

Editor - Mae Denby

Unless carrying a by-line or some form of credit to borrowed sources, all items in this bulletin are by the editor and do not necessarily reflect the opinions of the chapter or board. If anyone wishes to contribute anything to the next Notes 4 U, wishes to subscribe or un-subscribe, or has questions about any of the items in Notes 4 U, contact the editor.



2021 Chapter Executive

President: Paul Bullock
Executive VP: vacant
Past President: Bruce Wilton
VP Membership & Chapter Development: Wendy Lamont
VP Music & Performance: Les Creek
VP Marketing & Public Relations: Gayle Wharton, Shirley Christie
Secretary: Larry Bredesen
Treasurer: Bruce Wilton
Chorus Manager: Chris Magas
Board Members at Large: Becki Ammeter, Herold Driedger, Ferryl Casselman

2021 Music Committee

VP Music & Performance: Les Creek
Chorus Directors: Sherrie Bredesen, Larry Hunter
Tenor Section: Becki Ammeter
Lead Section: Chris Magas
Baritone Section: Paul Bullock, John Latham
Bass Section: Larry Bredesen, Bruce Wilton
Performance & Staging: Gayle Wharton
Music Research: Duncan Zaluski
Sheet Music Librarian: Len Paluck
Learning Track Librarian: Duncan Zaluski

2021 Leadership Positions

Accountant: Gary Miles
Zoom Meeting Attendance: Wendy Lamont
In-person Meeting Attendance: Norm Silverberg
50/50: Norm Silverberg
Awards Banquet Chairs: Gary & Ricki Miles
Charities: vacant
Church Xmas Chorus: Bruce Wilton
Learn to Sing Program: Len Paluck, Wendy Lamont, Ferryl Casselman
Grey Cup Pool Chair: vacant
Historian: Gordon Billows
Notes 4 U Team: Mae Denby, Becki Ammeter
Refreshments: Norm Silverberg, John Latham, Len Paluck
Sing Canada Harmony: Gordon Billows
Sunshine: Brian Metcalfe
Wardrobe: Charlie Siegel, Louise Malo
Website: Chris Magas
2022 Show Producer: Les Creek
2022 Show Chairman: vacant
Advocate for the Winnipeg Chapter: Gordon Billows